



SATURDAY 10 JUNE

SUNDAY 11 JUNE



W-LEAGUE



12.00PM, ALEX MOORE TURF

ROUND 06



2.00PM, ENDEAVOUR PARK

ROUND 08



CENTRAL LEAGUE



weston design

**Mention North
Wellington FC and
save...**

MITRE 10

CROFTON DOWNS

Brendan, Warren and the rest of the Mitre 10 Crofton Downs team have come on board as sponsors for the 2023 season. Not only are they the principal sponsor for our Women's Premier side, but they are also getting behind all NWFC by offering an in-store promotion for all our members, their families, and friends.

Simply say "North FC" at checkout and you will save on a whole range of products. On top of that, Mitre 10 Crofton Downs will donate a percentage of sales back to the club.



PRESIDENT'S WELCOME

A very warm welcome is extended to all players and supporters at Alex Moore Park across the weekend as well as the wider North Wellington FC family wherever you happen to be.

Congratulations to our TFS North Wellington Central League men for their 1-0 Chatham Cup win on the road last weekend against Napier Marist. It was a thrilling match and great to have eight players under 20 involved in the game.

Progressing through to the next round is fantastic and there really is no bigger challenge than playing Wellington Olympic at Wakefield Park next Saturday 17 June.

This weekend the guys will have to concentrate on second place Western Suburbs instead and there can be no better preparation for James, Davor and the team.

Rachel and her Mana Coach Services W League women's team will also be challenged when they welcome highflyers Palmerston North Marist to Alex Moore Park.

Palmy North had a huge win in the Kate Sheppard cup last weekend and we wish our ladies a strong and successful game.

Saturday morning brings another Festival Day and we hope for fine weather for the tournament for all our teams as well as our First Kicks youngsters.

Let's hope for similar conditions on Sunday morning when our Under 10 and Under 14 Girls teams in various leagues will also be at home at Alex Moore.

The Waiora hub on the top level at Alex Moore will be open for coffee on Saturday and Sunday mornings so please don't forget to make use of these fine facilities which are open across the weekend.

Grant Stephen
North Wellington FC President



SPONSOR SPOTLIGHT

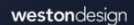


NORTH WELLINGTON SPONSOR OF THE WEEK

MANA COACH SERVICES



Thank you for your continued sponsorship with North Wellington FC!



SPONSOR SPOTLIGHT



North Wellington is pleased to have Mana Coach Services as the front of shirt sponsor for the North Wellington Women's Central League 2023.

Mana Newlands Coach Services are the third largest Urban bus operator. We are a growing business that serves the Wellington community. Founded in 1984 by the Waddell Family, we have grown from a small bus operator to a key Wellington transport service that is a recognisable brand in the local community. We run timetabled urban commuter services in: Johnsonville - Newlands - Wellington City
All services run to and from the suburbs and are timetabled to meet corresponding train arrivals and departures, throughout peak and interpeak hours, 7 days a week.

COACH'S COMMENTS



Firstly welcome to Horowhenua Coastal.

Last week was tough going down 4-0 inside the first 25mins but I was really happy with how we problem solved and knuckled down to hold Marist out until the final few minutes.

There were plenty of work ons but also plenty of positives that came from that game and im really looking forward to improving on things in this game.

We want to use these Kelly Cup games as a chance for us to iron out the kinks and start playing how we want to play, it's just a bonus if we happen to get some good results along the way.

North Wellington vs Palmerston North Marist
Saturday 10 June, 12.00pm, Alex Moore Turf



Rachel Finlay
Women's First Team Coach





Capital
Football

W-LEAGUE

NORTH WELLINGTON 2023 FIXTURES

H	01 VS WATERSIDE KARORI	SAT 22 APR	12.00PM	ALEX MOORE TURF
H	02 VS TARADALE AFC	SAT 29 APR	2.30PM	ALEX MOORE TURF
A	03 VS PETONE FC	SAT 6 MAY	11.00AM	PETONE MEMORIAL
H	04 VS WELLINGTON UNITED	SAT 20 MAY	12.00PM	ALEX MOORE TURF
A	05 VS SEATOUN AFC	SAT 27 MAY	12.00PM	SEATOUN PARK
H	06 VS PN MARIST	SAT 10 JUN	12.00PM	ALEX MOORE TURF
H	07 VS VICTORIA UNIVERSITY	SAT 24 JUN	12.00PM	ALEX MOORE TURF
A	08 VS WATERSIDE KARORI	SAT 1 JUL	12.00PM	KARORI PARK
A	09 VS TARADALE AFC	SUN 16 JUL	2.30PM	TARADALE PARK
H	10 VS PETONE FC	SAT 22 JUL	12.00PM	ALEX MOORE TURF
A	11 VS WELLINGTON UNITED	SAT 29 JUL	2.30PM	NEWTOWN PARK
H	12 VS SEATOUN AFC	SAT 5 AUG	12.00PM	ALEX MOORE TURF
A	13 VS PN MARIST	SAT 12 AUG	11.30AM	ARENA TURF
A	14 VS VICTORIA UNIVERSITY	SAT 26 AUG	12.00PM	BOYD WILSON TURF

H = HOME A = AWAY

MAMA
COACH SERVICES

W-LEAGUE ROUND 04 PREVIEW



FIRST TEAM FIXTURE



NORTH WELLINGTON vs PALMERSTON NORTH

Saturday 10th June, 12.00pm Kick Off,
Alex Moore Turf

OTHER FIXTURES

RESULTS



**PETONE FC
VS WELLINGTON UNITED**

Saturday 11th June, 11.00am,
Petone Memorial Turf

-



**VICTORIA UNIVERSITY
VS WATERSIDE KARORI**

Saturday 11th June, 12.00pm,
Boyd Wilson Turf

-



**TARADALE AFC
VS SEATOUN**

Saturday 11th June, 2.30pm,
Taradale Park

-



W-LEAGUE ROUND 05 REVIEW



FIRST TEAM RESULT



1 - 0

OTHER RESULTS



2 - 2



**PETONE FC
VS WATERSIDE KARORI**



6 - 0



**PALMERSTON NORTH
VS VICTORIA UNIVERSITY**



2 - 1



**WELLINGTON UNITED
VS TARADALE**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington United Diamonds	5	5	0	0	23	1	22	15
Waterside Karori	5	4	1	0	19	5	14	13
Petone FC	5	3	1	1	16	8	8	10
Victoria University	5	2	1	2	8	14	-6	7
Seatoun AFC	5	1	2	2	4	9	-5	5
Palmerston North Marist	5	1	1	3	8	13	-5	4
Taradale AFC	5	0	1	4	6	17	-11	1
North Wellington FC	5	0	1	4	2	19	-17	1



W-LEAGUE SQUAD 2023



NORTH
WELLINGTON | FC



1

**SIMONE
MCMANUS**

GOALKEEPER



4

**JAIME
EDWARDS**

FORWARD



5

**MOLLY
MILLS**

MIDFIELDER



6

**NIKOLA
SZENTIRMAY-ROSS**

FORWARD



7

**MADDIE
PORTEUS**

DEFENDER



8

**STEPH
MCDERMOTT**

MIDFIELDER



9

**EVE
MARTIN**

MIDFIELDER



10

**BETH
WHITESIDE**

MIDFIELDER

W-LEAGUE SQUAD 2023



12

**DEMI
VILJOEN**

DEFENDER



13

**LUCY
JURKE**

MIDFIELDER



14

**BELLA
THOMPSON**

DEFENDER



15

**TAYLA
BURDEN**

DEFENDER



16

**HAYLEY
GOTLIEB**

DEFENDER



17

**JADE
HEATHER**

MIDFIELDER



18

**ZENIA
KUPIDARA**

MIDFIELDER

PLAYER SPONSORSHIP AVAILABLE!

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For more information, email Hugo Barber-Dale: assistantclubmanager@northwellingtonfootball.com



NORTH
WASHINGTON

MANA
NEWLANDS

by transday

16. HAYLEY GOTLIEB

PLAYER BIO

Nickname:	Haylz
D.O.B / Age:	21 Years
Place of Birth:	Wellington
Playing Position:	Centre Back
Right / Left Footed:	Right
Previous Clubs:	Tawa AFC, Western Suburbs
Honours / Trophies:	2017 Players' Player 2018 & 19 Most Consistent

QUICKFIRE QUESTIONS

My favourite pro club is:
I don't support a team eek!

If I wasn't a footballer I would be:
An individual with a lot of free time! Nah just jokes, probably a runner!

One thing people may not know about me is:
I work with a boy with a disability and also in mental health

The country I've never been but want to visit:
India, Japan or Nepal!

The item on top of my bucket list is:
Hike in Nepal

My favourite sports team growing up was:
The All Blacks

Most underrated movie or TV show is:
H2O Just Add Water

Favourite place to dine out is:
Aladdins for Turkish takeout!

Favourite video game of all time:
Sims 3

Q&A SESSION

What's your best football memory and why?
Playing football with my best mate Eithne (still my teammate), taking 5 corners in 1 tournament week that she scored a header off.

Best advice you've ever been given?
Tough times don't last - tough people do.

What do your coaches often tell you?
To 'shut up' lol

What advice would you give any young players playing your position?
Be tough and don't put your head down

What is your pre-match routine?
You've got to have a banana before a game!

What are your goals and ambitions for the season?
To reach the middle of the table (or higher) and personally score no own-goals this season haha!

How would you describe yourself as a player?
Consistent and speedy

Who is the one team you most look forward to playing each season?
Petone, it's always a good challenge!

What non-football accomplishment are you most proud of?
Making the honours list at University

If you could go to dinner with any 3 people (past or present), who would it be?
David Attenborough, Jay Shetty and John Kirwan

Any secret party tricks?
I can do the worm!

ROUND 10 PREVIEW



FIRST TEAM FIXTURE



WESTERN SUBURBS vs NORTH WELLINGTON

Sunday 11th June, 2.00pm Kick Off,
Endeavour Park

OTHER FIXTURES

RESULTS

 	MIRAMAR RANGERS VS WELLINGTON OLYMPIC	Saturday 10th June, 2.30pm, David Farrington Park	<input type="text"/> - <input type="text"/>
 	WATERSIDE KARORI VS PHOENIX RESERVES	Saturday 10th June, 2.30pm, Karori Park	<input type="text"/> - <input type="text"/>
 	PETONE FC VS WHANGANUI ATHLETIC	Saturday 10th June, 3.30pm, Petone Memorial Turf	<input type="text"/> - <input type="text"/>
 	NAPIER CITY ROVERS VS STOP OUT	Sunday 11th June, 2.00pm Petone Memorial	<input type="text"/> - <input type="text"/>



ROUND 09 OVERVIEW



FIRST TEAM RESULT

OTHER RESULTS



3 - 1



3 - 1



**WATERSIDE KARORI
VS WHANGANUI ATHLETIC**



2 - 5



**WESTERN SUBURBS
VS WELLINGTON OLYMPIC**



P P



**PHOENIX RESERVES
VS MIRAMAR RANGERS**



P P



**STOP OUT
VS PETONE FC**

LEAGUE TABLE

	P	W	D	L	GF	GA	GD	PTS
Wellington Olympic	9	8	0	1	37	14	23	24
Phoenix Reserves	8	6	0	2	20	11	9	18
Western Suburbs	9	5	3	1	26	17	9	18
Napier City Rovers	9	4	1	4	26	20	6	13
Petone FC	8	4	1	3	23	19	4	13
Miramar Rangers	8	4	0	4	18	15	3	12
Waterside Karori	9	3	2	4	20	22	-2	11
Stop Out	8	3	2	3	16	19	-3	11
North Wellington	9	1	1	7	11	32	-21	4
Whanganui Athletic	9	0	0	9	10	38	-28	0

CENTRAL LEAGUE SQUAD 2023



1

**MATT
KING**

GOALKEEPER



2

**MICHAEL
MCCUTCHEON**

MIDFIELDER



3

**HARRY
TOD-SMITH**

DEFENDER



4

**BLAKE
CHANDLER**

DEFENDER



5

**CAMERON
WARDLAW**

DEFENDER



6

**CALLUM
GOODWIN**

MIDFIELDER



7

**ANTO
OKAMURA**

MIDFIELDER



8

**JARROD
MCKECHNIE**

MIDFIELDER



9

**JOEL
HARDEN**

FORWARD



10

**JOSH
ZATORSKI**

MIDFIELDER



11

**CALVIN
MITCHELL**

MIDFIELDER



12

**HENRY
SINCLAIR**

MIDFIELDER

CENTRAL LEAGUE SQUAD 2023



13

**RYAN
LEE**

DEFENDER



14

**MOHAMMED
HEKMATZADAH**

FORWARD



15

**BRENNAN
PATCHELL**

MIDFIELDER



16

**MILES
WOODHALL**

MIDFIELDER



17

**ALI
NAZARI**

FORWARD



18

**NIKO
BRUCE**

FORWARD



22

**JULIAN
SOLAR**

DEFENDER



23

**DION
KEETLEY**

DEFENDER

PLAYER SPONSORSHIP AVAILABLE!

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For more information, email Hugo Barber-Dale
assistantclubmanager@northwellingtonfootball.com



JAMES PROSSER

COACH BIO

Nickname:	Pross
D.O.B / Age:	It's just a number
Place of Birth:	Cleveland, Ohio USA
Teams Coaches:	Where do I begin...
Honours / Trophies:	Moving player onto another level

QUICKFIRE QUESTIONS

My favourite pro club is:

Can't say I have one, more of a fan of the game

If I wasn't a footballer I would be:

I'm a teacher, in addition to being a coach

One thing people may not know about me is:

I'm quite reserved

The country I've never been but want to visit:

More like a continent, Africa

The item on top of my bucket list is:

African Cup of Nations Tournament

My favourite sports team growing up was:

Anything Cleveland sports related

Favourite movie is:

Pulp Fiction

Favourite day of the week is:

Training day!

Favourite place to dine out is:

Mexican

I was starstruck when I met:

Wu Tang Clan!

I've been told I look like:

My Father

Q&A SESSION

What's your best football memory and why?

Wow...so many. I guess it's when I started playing at age like 5 or so, have fond memories of being in a gymnasium and playing with a nerf (soft, squishy) ball and scoring goals...have had the buzz ever since!

Best advice you've ever been given?

Get on with it.

What do you often tell your players?

I tell our players often that it's most important what they are doing away from the small windows of training when we get together. That time is when gains are made. Basic philosophy - eat right, drink right, sleep right. In order to help yourself, and team, perform well.

What advice would you give any young players playing your position?

Listen. Work hard. Have fun.

What is your pre-match routine?

Turn up early. Be prepared. Be organized.

What are your goals and ambitions for the season?

Perform well. Develop players.

How would you describe yourself as a Coach?

Energetic. Passionate. I love this game.

Who is the team you most look forward to playing?

Anyone

Toughest team you've played against and why?

NZF is a beast in and of itself. I highly respect the leagues, the opponents and the players and any game at any level can be difficult if you are not prepared.

What non-football accomplishment are you most proud of?

Player, and other coach, relationships.

If you could go to dinner with any 3 people (past or present), who would it be?

Michael Jordan, Diego Maradona and Phil Knight.



UPCOMING PROGRAMMES



REGISTRATIONS OPEN NOW!

JULY SCHOOL HOLIDAY: PROGRAMME

OVER THE TERM 2-3 HOLIDAY BREAK NORTH WELLINGTON WILL BE OFFERING 3 DAYS OF FOOTBALL FUN!

Dates: TUESDAY 11 JULY - THURSDAY 13 JULY
Times: 9am-3pm
Location: Alex Moore Park
Cost: \$50 Per Day

Register: <https://northwellingtonfootball.com/holiday-program>



For more information, contact programmes@northwellingtonfootball.com





UPCOMING SKILL CENTRE



REGISTRATIONS OPEN - Term 3

Skill Centre/Fun Football

Join us In Term 3 for our Skill Centre and Fun football programmes filled with football, fun, excitement, and more football!

Skill Centre Days: Tuesday 4:30pm - 5:45pm,
Skill Centre/Fun Football Wednesday 4:00pm - 5:00pm
Location: Alex Moore Park
Cost: \$80 for one session per week \$160 for two sessions
per week

8 Weeks - Begins July 18th/19th - Finishes September
5th/6th



NORTH WELLINGTON CLUB SPONSORS



NORTH
WELLINGTON | FC

The club would like to extend a massive thank you to the following sponsors who continue to generously show their support for our club. Please choose to support them where possible, in the same way they choose to support you here at North Wellington FC.

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